

### Secretariat

Cursillo is a movement not an organization, but for anything to happen people must come together to plan and direct its activities.

Secretariat has an administrative, planning and financial role. It, together with the Leaders School/Servant Community, consists of both lay people and clergy, appointed by and responsible to the Bishop.

You may be invited to serve on one of these Diocesan bodies.

### Spectrum

Spectrum is the magazine of Melbourne Anglican Cursillo and contains dates and information about events in the diocese and news from other dioceses and national happenings. As well as a source of news, the magazine is an agent of ministry. You may feel called to help with this publication, or even to take a turn as the Cursillo Contact in your parish.

### Other Short Courses

Short courses that help to deepen our understanding of particular aspects of the Christian life and the Cursillo Movement are offered in the diocese and can be great sources of encouragement and renewal. Some to watch out for are Spiritual Refreshment Days, Apostolic Action Workshops and Leader's Workshops.

You may also be approached to become a team member for an upcoming Cursillo. This is a wonderful opportunity for further growth in your personal relationship with Christ and with other people, and is one way that you can certainly bring Christ's love to others.

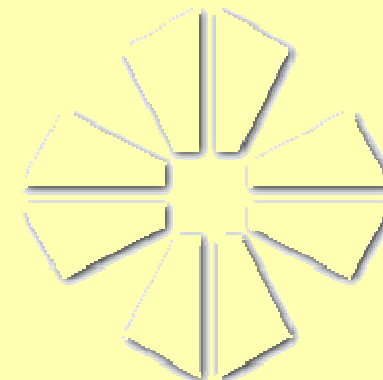
### Remember:

- The weekend is only the beginning,  
- the 4th Day is for the rest of your life
- Your Sponsor is there to help you join a Group Reunion and to attend Ultreyas
- Cursillo is only one of many instruments for spiritual growth, and may not suit everyone.
- Cursillo is not a secret society, be open and answer any questions honestly, but try not to spoil the surprises.
- Encourage others by your example
- Emphasise Christ's work—not Cursillo

**De Colores!**



**CURSILLO®**  
The Fourth Day



The purpose of Melbourne Anglican Cursillo is to nourish and equip people so that they may embrace and enjoy the fullness of Christian Life.

## Your Fourth Day.

Your Cursillo experience begins by taking part in a 3-day weekend, a live-in course run by lay people and clergy, and we pray that it is a very special encounter with Christ in a supportive community of love.

- **Cursillo lasts for Four Days**  
you have now entered your own Fourth Day, a day that lasts for the rest of your life!.

As you continue in the life of grace, and seek ways to be an effective apostle for Christ among the people you know, please remember some of the key thoughts expressed during the Three Days.

- **God has a purpose for every life,**  
he is working to accomplish His purpose in you, and through you in others.
- **The ideal for Christians is to live a life in grace.**  
God gives us the grace to respond to his purpose for our lives.
- **Jesus lived the perfect life of grace, and his life is our guide.**  
He is the great Sacrament, and he gives himself to us in the Sacraments.
- **Jesus Christ communicates himself to us in the Word,**  
and we have an obligation to know and understand, to the best of our ability, what God is saying to us in our lives.

We are all members of the Body of Christ, and as members of His body we have work to do. Although we may encounter obstacles to a life of grace, we will live so that it is clear we know Jesus Christ and want to make him known by others..

God calls us to serve him where we live and work.

We aim to understand the challenge of the environment presented to us as apostles of Jesus Christ.

It is not work we undertake alone, because authentic Christianity in action means Christians together, in community with Jesus Christ.

We are called to nurture our life in grace by specific acts of piety, especially attendance at Holy Communion, prayer (both private and corporate) and Bible reading and study. Our perseverance is reinforced by meeting together regularly, in church, in Group Reunion and in regional or diocesan Ultreyas.

## Your Fourth Day

### **The world needs men and women who will persevere in abiding with Jesus Christ!**

John 1:38, 39 tells us that two disciples of John the Baptist asked Jesus where he lived, and Jesus replied, 'Come and see.' The gospel continues, 'They went where he lived and remained with him that day.'

The Three Day Cursillo Weekend is offered as an opportunity to accept Jesus' invitation to a personal encounter with him,. The Fourth Day offers a method to help us walk with Jesus every day of our lives.

Cursillo encourages you to participate in activities based on the tripod elements of study, piety and action that will help you persevere on your own walk with Christ. They include Spiritual Direction, Group Reunion, Ultreya, and for some, Leaders School or Servant Community and Secretariat.

### **Spiritual Direction**

It is a great blessing when a Cursillista finds a friend, priest or lay person, who can help them on their spiritual journey, provide encouragement, channel energy, and help reveal God's purpose for their life.

### **Group Reunion**

In Group Reunion a small group of Christian friends (3-6 people) meet regularly and for 30 to 60 minutes share their struggles and achievements in living a life of grace. They prayerfully plan and mutually support each other's actions undertaken for Christ in the world.

### **Ultreya**

An 'Ultreya' is a reunion of all the Cursillistas in a particular area. It broadens our vision and helps keep our Group Reunion from becoming inward looking.

At Ultreyas something of the atmosphere of the weekend is recaptured. There is an opportunity to make new friends, to share our faith, to be encouraged by hearing a short witness talk and by worshipping together.

### **Leaders School or Servant Community**

The Cursillo Movement began with the Leader's School long before the first Three Days were held. Those who were in Group Reunion and regularly participating in an Ultreya were often invited to commit to this program.

Leaders School provides an opportunity to learn more about the Cursillo movement and to become more involved. It also has important spiritual roles including supporting the ongoing spiritual development of Cursillo leaders, discerning and responding to the needs of the movement as they arise, and engaging in intercessory prayer for the movement.